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Winchester track & field athletes place at nationals

NELL ESCOBAR COAKLEY | STAFF WRITER

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Winchester's 4xmile team Wesley Kaukas-Quinn, left, Owen Bernstein, Nick Walker and Tim Hamilton at the New Balance Nationals Outdoors in Philadelphia. The team broke a school record. COURTESY PHOTO/NORA WALKER

Athletes from Winchester High School's Track & Field team attended two national events over the weekend.

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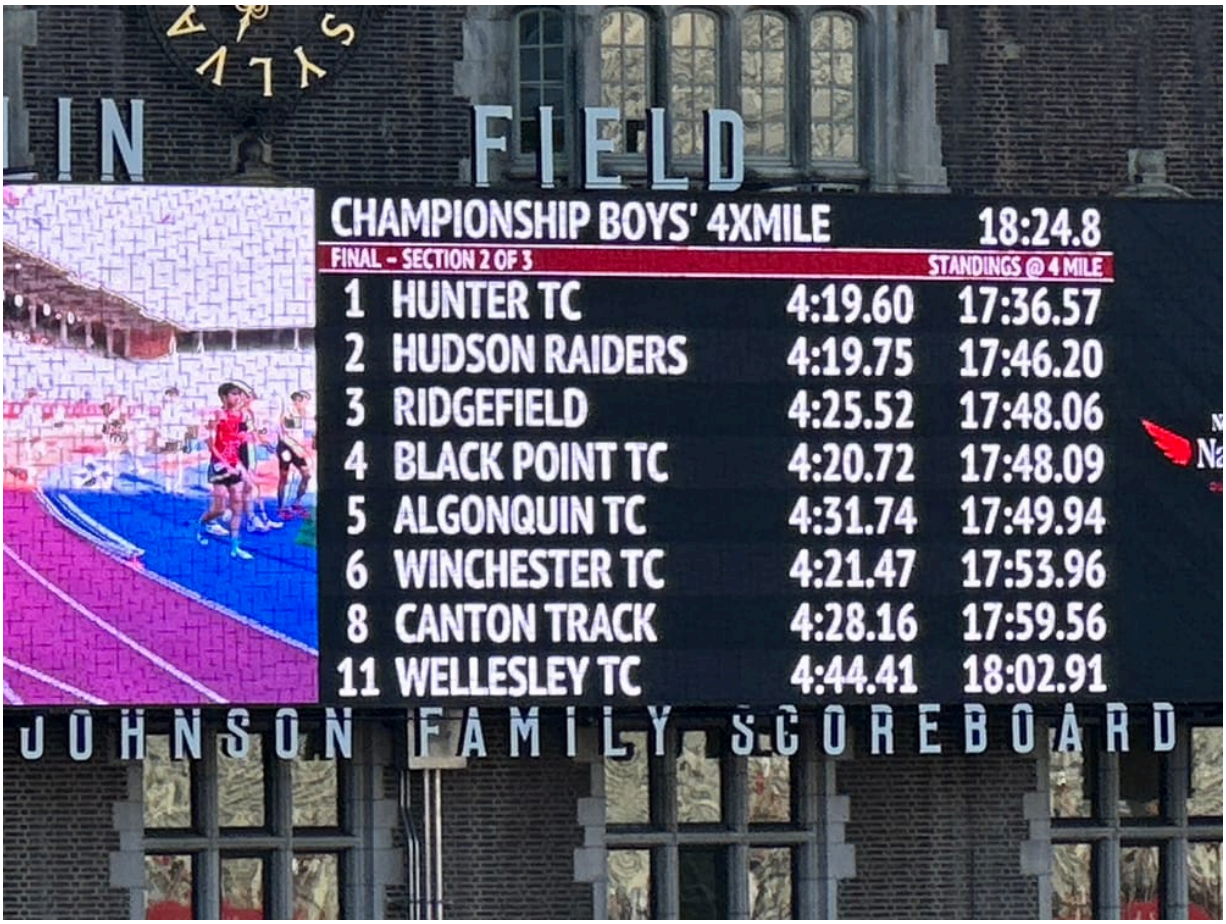
Six athletes headed to Philadelphia for the New Balance Nationals while 11 others traveled to Oregon for the Nike Nationals. Both events were organized by the National Scholastic Athletics Foundation with sponsorships from Nike, New Balance, and Adidas.


FIELD
CHAMPIONSHIP BOYS' 4XMILE 18:24.8
FINAL - SECTION 2 OF 3 STANDINGS @ 4 MILE
1 HUNTER TC 4:19.60 17:36.57
2 HUDSON RAIDERS 4:19.75 17:46.20
3 RIDGEFIELD 4:25.52 17:48.06
4 BLACK POINT TC 4:20.72 17:48.09
5 ALGONQUIN TC 4:31.74 17:49.94
6 WINCHESTER TC 4:21.47 17:53.96
8 CANTON TRACK 4:28.16 17:59.56
11 WELLESLEY TC 4:44.41 18:02.91
JOHNSON FAMILY SCOREBOARD

The times from Franklin Field in Philadelphia for the Winchester 4xmile team. COURTESY PHOTO/NORA WALKER

WHS Head Coach Jason Cacciapouti headed out to Oregon while assistant coaches Coley Carden and Francesca Pellegrini went to Philadelphia.

Coaches and parents who went along on the trip were sending photos and posting results as the athletes competed.

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Coach Coley Carden, left, Mikayla Ferguson, Coach Francesca Pellegrini, and Coach Joe Cantillon after her steeplechase race. COURTESY PHOTO/NORA WALKER

From Philadelphia, Carden posted results from senior Mikayla Ferguson's Steeplechase, where she placed 28th with a time of 7:27:76. Fergu been seeded 39th.

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"She ran a consistent race to finish 28th overall," Carden stated. "Her sprint to the finish over the last 200 meters was very impressive."

According to Nike, a steeplechase race is a track race that takes runners over 28 large, fixed barriers and seven water jumps. It's important to note this isn't a regular hurdles race — steeplechase uses large barriers that span several lanes.

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The Boys Distance Medley Relay team Wesley Kaukas-Quinn, Tim Hamilton, Tyler Johnson and Owen Bernstein finished in 21st place at the New Balance Nationals in Philadelphia. COURTESY PHOTO/NORA WALKER

The 4xmile team — Wesley Kaukas-Quinn (senior), Tim Hamilton
Tyler Johnson (senior), and Owen Bernstein (junior) — competed

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strong performance, as summarized by the coach.

Their time was 17:53:96, breaking the school record. The team placed 16th overall and were seeded 27th.

The Boys Distance Medley Relay team — Wesley Kaukas-Quinn (senior), Tim Hamilton (senior), Tyler Johnson (senior), and Owen Bernstein (junior) — finished in 21st place with a time of 10:15:44.

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The Winchester Track & Field team of coaches and athletes who competed over the course of the New Balance Nationals event. Pictured left to right: Coach Coley Carden, Nick Walker, Wesley Kaukas-Quinn, Tyler Johnson, Owen Bernstein, Tim Hamilton, Mikayla Ferguson and Coach Francesca Pellegrini. COURTESY PHOTO/NORA WALKER

In Oregon, senior Mia Kurz just missed the finals in the discus e

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In the 100-Meter Dash, junior Danny Killian medaled, finishing third.

The 4x200 relay team — made up of juniors James Flemming, James Yasziti, Toby Janowski, and Danny Killian — also medaled, finishing fourth and breaking a school record and earning All-American recognition.

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Winchester School Committee candidates bring contrasting backgrounds to Thursday forum

Two candidates for Winchester's School Committee will face voters at a forum as the district navigates a new literacy curriculum, budget pressures and questions about student mental health. Heather von Mering and John Bellaire are competing for an open seat on the School Committee, which oversees a budget von

WILL DOWD | STAFF WRITER
March 4, 2026

NEWS

Rep. Michael Day helps House colleagues pass sweeping energy affordability bill

The following was submitted by the Office of Rep. Michael S. Day: Rep. Michael S. Day and his colleagues in the House of Representatives recently passed energy affordability legislation that would result in over $9 billion in savings for utility ratepayers over the next 10 years. The bill maintains critical

March 4, 2026

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NEWS

Winchester gun owners face new training rules starting April 2

Public safety data How Winchester compares on firearms licenses in comparable Massachusetts communities Active licenses as of Jan. 25, 2025 — Source: Massachusetts Criminal History Systems Board License to carry firearms Firearms identification card Winchester and Marblehead are the focus communities. Peers selected based on comparable population size, demographics and suburban

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NEWS

Sen. Jason Lewis, Mass. Senate strengthen fair housing protections for renters, buyers

The following was submitted by the Office of Sen. Jason Lewis: State Sen. Jason Lewis joined his colleagues in the Massachusetts Senate to pass legislation that protects residents from discrimination in the housing market as the Trump administration abandons its enforcement of the federal Fair Housing Act. Illegal discrimination continues

March 3, 2026

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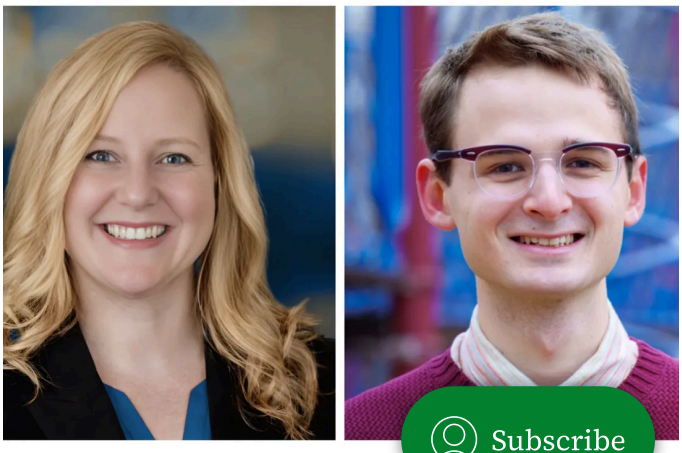

NEWS

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Celebrate Women's History Month with Girls Leading Change

The following was submitted by the Network for Social Justice: To mark Women's History Month and International Women's Day in 2026, the Network for Social Justice is collaborating with club leaders from Winchester High School and members of the Community Health team from La Colaborativa in Chelsea and

March 4, 2026

Winchester School Committee candidates bring contrasting backgrounds to Thursday forum

Two candidates for Winchester's School Committee will face voters at a forum as the district navigates a new literacy curriculum, budget pressures and questions about student mental health. Heather von Mering and John Bellaire are competing for an open seat on the School Committee, which oversees a budget von

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March 4, 2026

FEATURES

'Chicago: Teen Edition' dances onto the Winchester High School stage

By Talia Ho | Correspondent Fame. Fortune. And all that jazz. This spring, Winchester High School presents "Chicago: Teen Edition," a bold musical that explores celebrity culture, media manipulation, and the cost of ambition. This iconic production is set in the 1920s. Performances will take place on March 13 and 14

SPECIAL TO THE NEWS

March 4, 2026

EVENTS

Ripley Chapel in Winchester presents 'Syldason: You Are Welcome Here'

The following was submitted by the Ripley Chapel at First Congregational Church: On Friday, March 13, beginning at 7:30 p.m., live in-person and live streamed from the stunning Ripley Chapel at First Congregational Church, Winchester, 21 Church St., join in with Syldason, a duo concert featuring Sylvie Zakarian,

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